

GREAT DANE design

Poul Rasmussen · Graphic Designer

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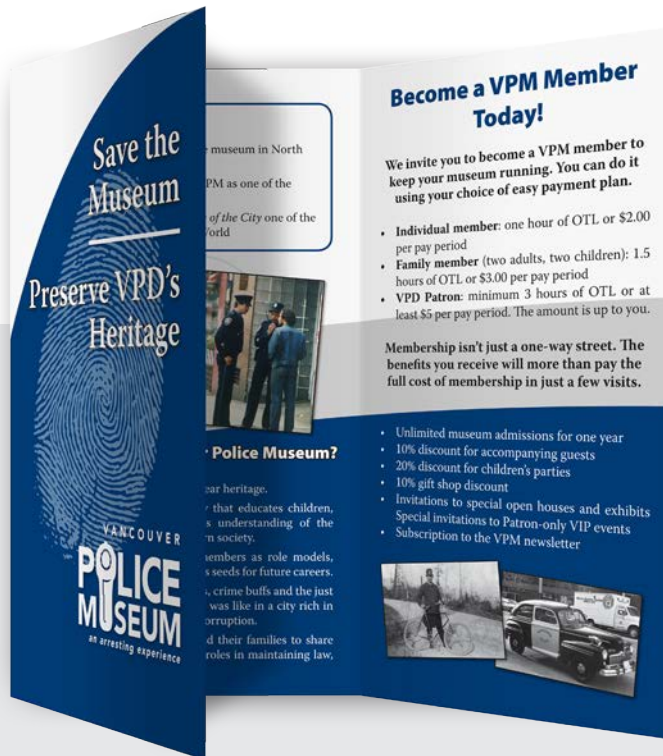
www.greatdanedesign.com

GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Vancouver Police Museum

Objective: To brand the exhibition “Women in Policing: 100 Years in the VPD.” This included logo design, touch-screen multimedia station, various brochures, and retouched/recoloured wall backdrop.



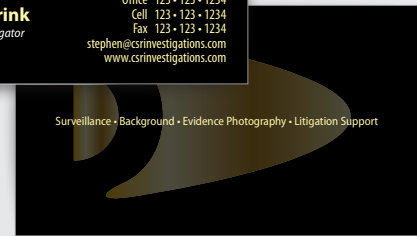
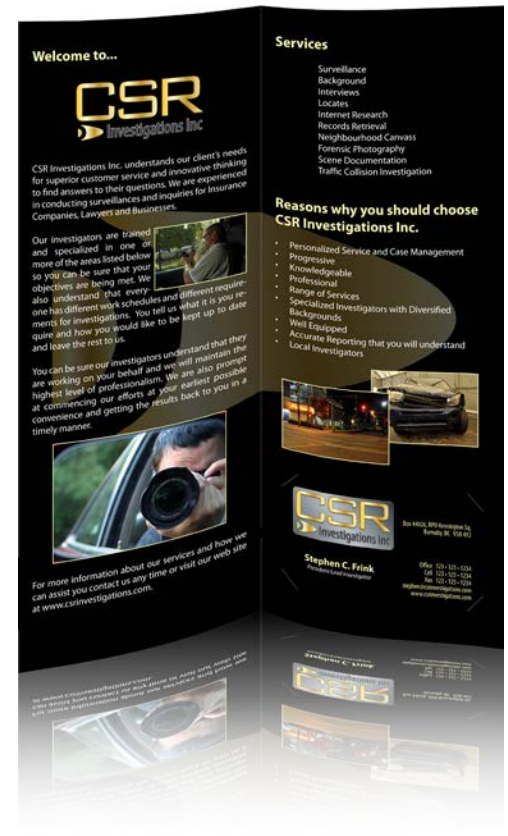
Visual Identity

GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: CSR Investigations Inc

Objective: To brand and create an integrated visual identity. This included logo design, brochure, website, and business card.



GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Nordic Fjord

Objective: To brand a new product from "Nordic Fjord." This included logo design, label and package design, and printed advertising.



Nordic Fjord

Health & Wellness

the **FREYJA** series

Hand Lotion 250 gr.

\$7⁹⁵



**Parking
at Rear**



the **FREYJA** series
—for any goddess!

The change in seasons is near—autumn is close!

Prepare your skin with the latest lotions and essential oils from the **FREYJA** series—Nordic Fjord's exclusive series *for any goddess!*

**Take advantage of
great savings:**

Hand Lotion 10% Off
Shampoo 15% Off
Body Soap 20% Off

Visit us for more details!



GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: European Space Agency - iriss

Objective: In April of 2014, a competition was launched to design the logo for the **European Space Agency** 2015 mission **iriss** to the International Space Station. Among more than 120 submissions, my logo was named the winner and revealed at an international press conference in Copenhagen on October 10, 2014.

The logo is inspired by the Greek goddess Iris who is often pictured with wings. At the same time, the wings in the logo symbolizes a Viking ship which represents the urge to explore and move towards unknown horizons. The astronaut's Danish nationality is represented by the Danish flag in the globe and the red and white colours. The name of the mission, **iriss**, is written in two colours in order to underline that the destination for the mission is the International Space Station, known as **ISS**. Above the name are planets in orbit and stars.



GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Various

Objective: Logo designs.



GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Joyce Campkin/GREAT DANE Publishing

Objective: This project started by a series of audio recordings of Joyce Campkin's memories. These recordings were later transcribed and rewritten into a manuscript that eventually turned into a self-published book. All images were scanned and restored.

At the time of publication, both print and e-book, a number of promotional pieces were designed.



Available Now!



Let Joyce Campkin take you through her fantastic life from her childhood in Indian Head, Saskatchewan, to her long career as nurse and clinical instructor at the Vancouver General Hospital.

The story begins in 1924 with a captivating view into a life without today's amenities, and continues through a hospital nursing career that started before many current medical treatments.

"A story of a life well lived."

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4118 Main Street
Vancouver, BC V5V 3P7

www.bookwarehouse.ca

Visit www.joycecampkin.com for more information

"My baby sister was born on October 4, 1929. I was almost five and my parents tried to prepare me for the blessed event that was about to happen. Instead, I said, 'No, I don't want a baby brother or a baby sister—I would really like a gramophone!"

Well, there was my baby sister, cute little Lois Doreen and not a gramophone, and I helped mom take care of her.



"A young boy was admitted to hospital on a ward with mainly young men in their late teens. There was always some teasing between these men and the student nurses. One day, I overheard the boy saying to the men, 'Hey, when I get Miss Campkin behind the curtains, hubba, hubba!' He had clearly picked up some conversation on the ward!"



CHAPTER 6

Retirement

My First own Apartment

In 1989, I had for several months been looking at apartments, both for myself and for some neighbours. My West 38th Avenue apartment building was to be demolished so we all had to move. I looked at both rentals and condos, however, in the newer buildings, the rooms were so small. I thought to myself, if I put my piano in one of these rooms, there would be no space for anything else.

As December came to an end and I still hadn't found anything to my liking, I contacted a realtor. My criteria were: should be above ground level, have an elevator and few stairs, reasonably level, and close to shopping and transport. My aim was to be independent as long as possible. The realtor showed me some places, partially sub-ground and very small, and one place had so many layers of enamel paint, I swear, if you sneezed at them, they would chip. Another place was way up the hill out in Burnaby, not far from our first home on Vancouver Heights back in the 1940s.

In January 1990, I was house-and-dog sitting in Tsawwassen Village when a former work colleague, Janet, called me from her husband's law office. She said they had found a place they thought I would like. A client had come in with an Offer to Purchase with ever so many conditions on the bid, but the seller (the brother of a lady in a nursing home) wasn't interested in removing conditions. Hence, the sale didn't go through. I had an appointment to get the dog to the vet that morning, so I arranged with Janet to be in at 2 p.m. We made arrangements to meet the executor of the apartment, which



Mom and I

Tuberculosis and Fresh Air

In the spring 1939, Lois had a dreadful cough. The doctor thought it might be tuberculosis and recommended fresh mountain air. Dad had taken on a job as an auto mechanic in Calgary so when school was finished in June 1939, we were supposed to follow and all move to Calgary. We took the train and that was an exciting experience to us; it was an overnight train so we each had a berth in a sleeping car. When I went to the washroom, another lady followed me. Lois came along and the lady asked if we were sisters, which we confirmed.

"I thought so; your noses are the same!"

While I was blond, my sister had a dark complexion and brown hair, so mostly, we weren't seen as being sisters.

We stayed in Calgary for three or four days and we went to the Calgary Stampede fair one day. Oh, it was as hot as it could be. We lost my little sister on the midway among the crowd for quite a while. We finally caught up with her, as she was walking quite nonchalantly, not a bit worried. We didn't stay very long because it was so hot, and we went back to our hotel to lie on our beds!

Dad got a job driving a dump truck on the construction of the Banff-Golden highway, so instead of staying in Calgary, we ended up driving on to the interior of British Columbia. I was amazed by the mountain ranges. The Kananaskis Valley is relatively flat land with few rolling hills and doesn't compare to the Rocky Mountain foothills. Going through the area of Radium Hot Springs, there



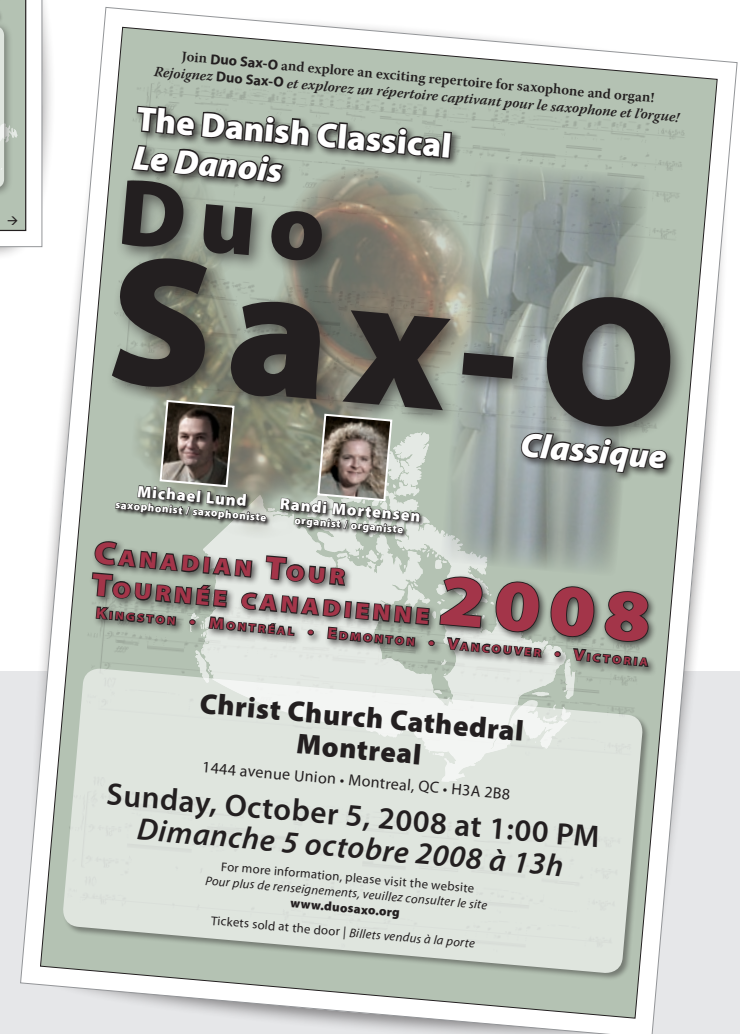
Heather Pavilion—Vancouver General Hospital's main building
(City of Vancouver Archives, C88 1504-6. Photographer: John William Freeman)



Laurel Pavilion, Vancouver General Hospital, 1982
Architect: David Rodgers
(Thompson Berwick Pratt & Partners)

Client: Duo Sax-O

Objective: To brand and design various bi-lingual (French/English) printed materials such as brochure, press release, flyer, hand-out, poster, etc.



GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Various

Objective: Newsletters and reports.

Newsletter

The Presbyterian College
 Newsletter • Fall 2015

Acting Editor: Cecil Davis
Assistant Editors: Mary South
Layart Design: GREAT DANE design

Comments are welcome. We might even publish them! Please mail your story to: cecil@presbyteriancollege.ca

A reporter in the Montreal School of Theology, affiliated with the McGill University Faculty of Religious Studies.

In this issue:

- Youth Show the Way
- Introducing our new Director of Pastoral Studies
- New Receptionist
- Presbyterian College Artist 2015
- Hospitality and Community Leadership Centre Update
- Presbyterian College Publishing Company's 10th Anniversary
- Memorial Donations to PC Campaigns
- Still Voices—Still Heard: Launched with a Splash!
- Anniversary Celebrations—A Really Good News—Dear Paul
- Ode to the Board Meeting, Oct. 21, 2015
- Ode to Paul with Faculty and Staff
- The Apple Tree Courtyard Garden

www.presbyteriancollege.ca

Presbyterian College Retreat 2015: Hospitable Christian Community

Lucille Marie College Chaplain

The weekend of September 11-13, Presbyterian College students and faculty lived our vision of "being and building hospitable Christian community" while on retreat at Camp CAMMAC on Lake Macdonald in the Laurentians. Inspiring times of worship, delicious food and the gifts of nature provided the means for community building and personal renewal, in preparation for another year of study, as one student affirmed, "It was a good way to start the semester in a welcoming and safe environment." The words of another student just beginning her journey into theological education beautifully capture the experience:

"I'm grateful to be able to make a donation in kind, Donald Dumais was a great graduate student here in the mid-80s during his time of study at the college. He was a great teacher and a great person to be around. He was a great teacher and a great person to be around. He was a great teacher and a great person to be around."

Receptionist

Services (SES) volunteer coordinator for the Montreal office of CESEHC (Community Economic Development and Employment Council).

One of the busiest places at The Presbyterian College is the Reception Office, where Mary has 17 years of industry experience in the private and public sectors. Mary is friendly and efficient, and a great person to be around.

Memorial Donation to PC Campaign

In Loving Memory of Rev. Dr. Donald W MacKay

at Trinity Theological College, Umanaha, Abuja State, and Nigeria, where he also served as Dean of Studies. He enjoyed supporting those who were serving in the field and had the work of the Presbyterian Church in Nigeria as his passion.

Still Voices—Still Heard: Launched with a Splash!

Delivered 31, nearly 100 gathered in the C.J. Bell Memorial Chapel to participate in the 100th anniversary of the founding of the Presbyterian Church in Canada. The book concludes with a valuable compilation of the names of all former graduates from 1865 to the present. Pastoring research also resulted in additional lists such as names, birth dates, family and career information, and graduates who served in two World Wars.

Strengthening Education Systems in East Africa (SESEA)

GENDER INTEGRATION GUIDELINES

Tool 1: Gender Analysis Matrix for Visuals

Control for Analysis	Criteria for Assessment	Comments and Scoring
<ul style="list-style-type: none"> Task done by males and females Implied outcome of task Context where task is done e.g. public vs. private Time and duration of task (e.g. morning, afternoon, night) Where task happens (location/place) How task is done (tools used to do the task) Status or importance of task Characteristics of males and females (such as style of dress, environment or workplace, etc.) 	<ul style="list-style-type: none"> Is there a balanced distribution between males and females in positive, and/or valued depiction? Are males and females both portrayed in public contexts? Are males and females both portrayed in private contexts? Are males and females both portrayed undertaking complex, highly valued, or skills-demanding tasks? Are women and men shown working in similar environments? Is there a balanced distribution of images showing males and females using technology? 	

I. A Gender Perspective: Teaching and Learning Materials

Visuals

In this section, you will find two tools to use to assess teaching and learning materials from a gender perspective. The first tool is focused on visuals and the second tool is focused on textual content.

A conceptual tool for analyzing visuals identifies:

- Action:** Looks at how actions are depicted in visuals, such as who, what, where, when, how and why an action is occurring.
- Visibility:** Looks at the placement, proportion, size and means by which male and female are depicted within a visual representation.
- Power:** Looks at the depiction of authority, decision-making capacity, power, status or leadership among males and females, and differences therein.

The matrix below (tool 1) is a guide to identify, analyze and address gender issues and to biases that are portrayed in visuals within teaching and learning materials. It identifies the content within visuals for analysis and then provides assessment criteria by which to identify gender gaps or biases.

Strengthening Education Systems in East Africa (SESEA)

GENDER INTEGRATION GUIDELINES

Visibility	Power
<ul style="list-style-type: none"> Use of images with males vs. vs. females Number of images with males vs. vs. females Color images with males versus black & white images with females Positioning of images with males vs. vs. females (front, top, back, front page) Colors associated with female and male characteristics 	<ul style="list-style-type: none"> Is there fair representation of females and males in the distribution of image size? Fair ratio of quantity of male to female images? If color images are used, are both female and male included in colour images? Is the positioning of images depicting females balanced (i.e. vs. male depiction in terms of prominent)? Are relationships between men and women depicted in a way that implies and/or implies respect? Are both men and women shown as being the objects of respect or admiration? Are both men and women shown as being the objects of respect or admiration? Are males or females associated with particular functions that imply a gender bias? Is equality between males and females, depicted in a positive value?

Scoring Key

- 0 = No consideration of gender concerns
- 1 = Minimal consideration of gender concerns
- 2 = Average consideration of gender concerns
- 3 = Above average gender sensitivity and responsiveness
- 4 = Excellent gender sensitivity and responsiveness

Print Design

GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: The Beacon

Objective: Newspaper layout and design of advertisements.

THE BEACON

Shedding Light on Caulfeild and Neighbouring Communities

Caulfeild's own Gold Medalist: Christa Bortignon



Christa Bortignon in proof that dramatic comes in Very Small Packages. She is, her first... and it means that in the best possible way.

She is the only Canadian to ever be named World Master Athletics Female Athlete of the Year, the highest award in Masters Athletics. She received this honor in 2013, and it ranked first in the world in the WMA rankings in all of her seven record events. In the same year, Christa was also named the Canadian Masters Athletics Female Athlete of the year and BC Athletics Female Track Athlete of the Year. She has also been selected, two years in a row, as Sport BC's Masters Athlete of the Year.



Christa at the World Masters Athletics Championship in Bulgaria, March 2014. Photo: Anita Bortignon

Year. Competition for this is stiff as both male and female athletes from more than 20 sports vie for the prestigious title. I should mention that Christa is 77 years old. But more impressive, she only started running at age 72. A mere four years later she won five gold medals at the World Masters Athletic Championships.

- Parenting Page 2
- Tribute to my Father Page 3
- Caulfeild History Page 5
- Mountains to Sea Page 9
- Around the Village Page 14

THE BEACON

Royal Canadian Marine Search and Rescue



Atsuta Duncan & Ian McBeath

Volunteers breathe search and rescue that has been part of one community for more than 40 years, a reflection of the importance of the service. The Royal Canadian Marine Search and Rescue (RCMSAR) Station 1, now based at the Horseshoe Bay Station in North Vancouver, is a volunteer-based organization that has been operating for over 40 years. The station is staffed with a mix of experienced and new volunteers, and it is a testament to the community's commitment to search and rescue. The station is a testament to the community's commitment to search and rescue. The station is a testament to the community's commitment to search and rescue.



RCMSAR Station 1 is supported by the West Vancouver Marine Rescue Society, a charitable organization. The society provides equipment, training, and support for the station. The society provides equipment, training, and support for the station. The society provides equipment, training, and support for the station.

THE BEACON

Point Atkinson Lighthouse — Our very own Beacon



Point Atkinson Lighthouse, 2014. Photo: Michael Rodgers

Lighthouses have continued to become more than just structures. Lighthouse keepers have often served many from maritime disasters. Modern technology has in recent years made both married to ongoing life, but that maritime emblem an essential part of our heritage. Life for the keepers and their families has always been difficult. Captain George Vancouver named Point Atkinson's lighthouse the first of its kind. Thomas Addison, who later served in the Royal Canadian Mounted Police, was the first lighthouse keeper. The lighthouse was built for twenty-two lighthouse keepers. It was built in 1857, a year when the first lighthouse was built in 1858. The original building was replaced by a new one in 1912. Edward Woodward was the first keeper. During their time here he was also a man-of-war. He was also a man-of-war. He was also a man-of-war. He was also a man-of-war.

THE BEACON

Time for Butterflies

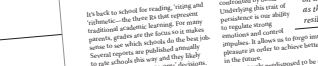


Photo: Richard Bland, North Piccadilly Park

Meanwhile, however, the local butterflies are not doing well. Small-winged butterflies were becoming scarcer of a recent, but it's not clear why. The butterflies are not doing well. The butterflies are not doing well. The butterflies are not doing well. The butterflies are not doing well.

THE BEACON

The most important "R"



Psychic Out Ian Macpherson

It's back to school for reading, writing and arithmetic. The focus is on the basic skills. The focus is on the basic skills. The focus is on the basic skills. The focus is on the basic skills.

THE BEACON

When It's Back to School Again

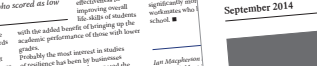


Photo: Richard Bland, North Piccadilly Park

One of the best things about the holidays is the lack of routine and structure. The holidays are a time of relaxation. The holidays are a time of relaxation. The holidays are a time of relaxation. The holidays are a time of relaxation.

KEEPING IT LOCAL

Safe farmers of local

KEEPING IT LOCAL

Safe farmers of local

KEEPING IT LOCAL

Safe farmers of local

KEEPING IT LOCAL

Safe farmers of local

THE BEACON

CAULFEILD COVE HALL

Presenting Award Winner SHARI ULRICH

Saturday September 13, 2014 - 8 PM

For Tickets & Information: www.caulfeildcovehall.ca 604-812-7411

Wednesday @ Ernie's Big Band & Dance to Their 50's, 60's, 70's Music

Saturday October 25, 2014 - 8 PM

For Tickets & Information: www.caulfeildcovehall.ca 604-812-7411

4773 Piccadilly Road South - West Vancouver, BC V7W 1J8

tender

CHOCOLATE ARTISTRY

WORKING TO WINDWARD

by renowned West Vancouver artist CRAIG YATES

ROYAL CANADIAN MARINE SEARCH & RESCUE

Supporting the community

West Vancouver Marine Rescue Society Painting Raffle

Tickets \$25 available from members of RCMSAR1

Tiddlycoove Montessori

Morning classes

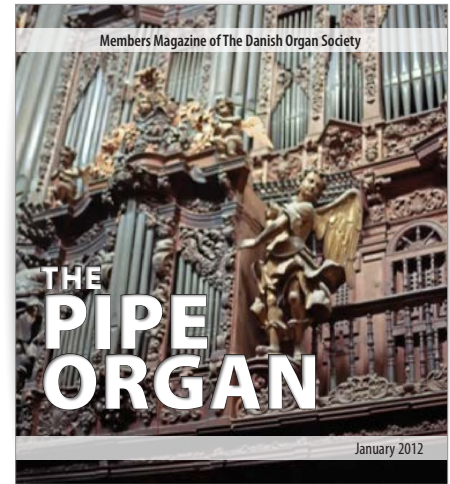
tender

CHOCOLATE ARTISTRY

Print Design

Client: The Danish Organ Society

Objective: To introduce a new layout, format, and typography of the magazine.



Historical Organs in Mexico

It is actually not that straightforward to find an organ—a “real” organ—in Mexico. Electronic organs are widely used in the country’s incredibly large number of Catholic churches, and they create quite different impressions in European organists’ ears compared to pipe organs. This preference for electronic organs is due first and foremost to the fact that there is only a very small number of pipe organs at all—approximately 500 registered organs, and, according to Susan Tattershall’s assessment, roughly another 100 unregistered organs. Compare this: a total of approximately 600 organs for 91 million people would mean that Denmark would have only 33 organs for its five million inhabitants. This number is surprisingly small, but it is also a fact that throughout Mexico, out of the approximately 600 organs, only around 40 organs are thought to be in playable condition.



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Now, there are several explanations for this, but one of the most important is, of course, the revolution, which between 1910 and 1917 led to many bloody encounters. After the revolution a long recovery period led to a certain political stability—but a stability that still proves to be quite volatile. The affect of the revolution on the already small tradition in organ building was that the craftsmen had to find other jobs to ensure their livelihoods—a fate which they shared with several million other Mexicans who were forced into significantly different and poorer kinds of work. It should be noted that people in rural areas still live under conditions that have not changed significantly since colonial times. Another factor is that the Catholic Church, which in Mexico is otherwise known to be quite wealthy, has no tradition of spending large sums of money on either organs or organists. This too has led to the sad conditions of many instruments.

Susan Tattershall is now 46 years old. A year ago she moved permanently from Rhinebeck, New York to Mexico City, where she daily employs eight people in a small workshop in the centre of Mexico’s capital. The workshop is open to the street in an older part of town with its narrow alleys, and you have to be a local to find it. Behind Susan Tattershall’s decision to settle in the world’s largest city (20 million inhabitants), is about 25 years of ex-

Fifth update from around the world about organs, organists, and organ building.



Nassar’s organ in the cathedral of Mexico City

perience in organ building in Canada, Texas, Mexico, Spain, Italy, Austria (she worked at some point at Rieger) and Germany (where she has worked with Jürgen Ahrend, who restored the St. Jacobi organ in Hamburg). Two years ago, she started her own workshop with two employees, while she still resided in New York.

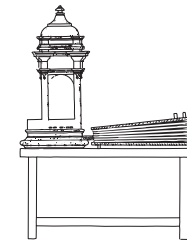
Since the revolution, there have been no organ builders in Mexico, but there are various indications that skilled craftsmen tried to repair the worst damage to the instruments—work which, unfortunately, has proved to be of extremely varying quality. The or-

Historical Organs in Mexico

gans have for the most part been left as plain furniture, and the churches have had no plans to carry out major renovations. However, it should be noted that when you consider the work done by some non-experts, the conclusion must be that as long as the organs are untouched, they are so much better off.

Obviously, the biggest task for Organos Históricos de México is to restore the many organs; only a few new instruments are being built. Only organ builders with enthusiasm and a missionary spirit can engage in these kinds of restoration projects and the work is not without difficulties. Like many other countries, there are, it’s almost tempting to say “of course”, financial aspects that limit the restoration—of what are, to European eyes and ears, truly exciting and unique instruments—even though the costs of restoration are

significantly lower than in Denmark. Many churches are simply dependent on sponsorship or the support of wealthy individuals for organ restorations. It is also characteristic that only the wealthy churches with a so-called Patronat, a board that can establish an actual subscription, have launched an organ restoration. Work is also slow because of the conditions under which it is carried out. Mexico is a country where the law, to put it diplomatically, is interpreted quite freely, and many village churches do not dare leave their organ (not even a small portable instrument) to anyone at all, for fear of never seeing it again. For this reason, work is generally carried out in the churches themselves (often under some sort of guard), with poor electric lighting (which is not worth much when the power is out), and which are occupied by worshippers for a large portion of the day.



Principle drawing of the professional organ from Tamazulapán. Height: approximately 2.20 m.



The organ in El Colegio de las Viscainas

El Colegio de las Viscainas

Compass: C - f^m
Wind Pressure: 67 mm WC

Specification C - c'
Violon 8'
Flautado Mayor 4'
Quincena 2'
Diez y Novena 1 1/3'
Viente Dosena 1'
Lleno C - b: 2/3'-1/2'-1/3'
c - c': 1 1/3'-1'-2/3'
Bajoncillo 4'
Clarin en Quincena 2'

Specification c' sharp - f^m
Flautado Mayor 8'
Violon 8'
Octava 4'
Docena 2 2/3'
Corneta Magna
8'-4'-2 2/3'-2'-1 3/5'
Lleno 2'-1 1/3'-1'
Trompa Magna 16'
Clarin Claro 8'

Drum, glockenspiel and chirping bird.

Historical Organs in Mexico

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GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Logger's Camp—Bar & Grille

Objective: To create a set of brand-relevant menus for weekly features of Margaritas and lunch/dinner specials.



LOGGER'S CAMP

BAR & GRILLE

FOOD & DRINK

Monday	<p>1 Piece Cod & Chips \$5.50, Molson Canadian \$5.25 Pints Sonora Ranch Chardonnay or Merlot \$5.25 Glass</p>	
Tuesday	<p>Steak Sandwich with Fries \$8.95, Heineken Bottles \$5.50 Okanagan Spring Pale Ale \$5.50 Pints</p>	
Wednesday	<p>Deckhand Burger with Fries \$5.50 Rotating Tap \$5.25</p>	
Thursday	<p>Pound of Wings \$4.00 (1 sauce with beverage purchase, dine in only) Guinness or Strongbow \$6.50 Pints</p>	
Friday	<p>Ask Your Server ... Rickard's Red \$5.50 Pints Yellow Tail Pinot Grigio or Shiraz \$6.25 Glass</p>	
Saturday	<p>Ask Your Server for the Chef's Special. Corona \$5.50 Bottles Jackson Triggs Chardonnay or Cab Sauv. \$5.50 Glass</p>	
Sunday	<p>Steak with all the trimmings! 6 oz. \$14.25 — 8 oz. \$15.95, Peller Estates Pinot Grigio or Merlot \$5.50 Glass</p>	

ON TAP

<p>Molson Canadian Coors Light Rickard's Red Rickard's White Kokanee</p>	<p>Stella Artois Strongbow Cider Guinness Okanagan Spring Pale Ale Rotating Tap Sleeman Honey Lager</p>
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Great Selection of Ciders and Coolers

Must be legal drinking age. See server for details.

GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Le château de Moulinsart

Objective: To brand the vacation castle “Le château de Moulinsart”. This included logo design, postcard and print advertising.



Vacation available on the famous

Le château de Moulinsart



Enjoy this luxury vacation castle for any special occasion or a unique vacation. Originally owned by Captain Haddock, the totally renovated 16th century castle will be your ideal home for a well-deserved time away.

With sixteen bedrooms in the castle itself—all tastefully decorated with style furniture—bathroom en-suite with Jacuzzi tubs, and other amenities such as telephone, internet, cable TV, bar, Le château de Moulinsart is perfect for accommodating groups of 10 to 40 people in utmost comfort and refinement. With miles of jogging tracks in the 100-acre park, a lighted tennis court, sauna, fitness center, hot tub and a huge heated swimming pool, Le château de Moulinsart will satisfy every visitor.

Come for a day or for a month—you will always want to stay longer!



GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Various

Objective: Coupon, Postcard and Advertising designs.

temper

CHOCOLATE PASTRY

Fresh flakey pastries
Specialty cakes
Desserts
Over 25 types of chocolates
Artisan sandwiches
Confections



"A little taste of Europe in Dundarave"

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Tuesday-Sunday 8^{AM} - 5^{PM} · Monday closed

Levista Salon

Special Promotion valid until November 20, 2007

<p>Hair Services</p> <ul style="list-style-type: none"> • Hair Design • Colour • Extensions • Make-up • Japanese Straightening 		<p>Aesthetic Services</p> <ul style="list-style-type: none"> • Manicure \$20 • Pedicure \$35 • Gel Nail \$35-65 • Waxing 10% off complete aesthetics
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Please visit our website for more promotional codes at www.levistasalon.com

Support UBC with time and knowledge: Apply to become a Convocation Member of Senate

Under the University Act, academic governance of The University of British Columbia is vested in two Senates, comprised of faculty, staff, alumni and student representatives that meet monthly throughout the academic year.

As a Convocation Member of Senate, you can have a real and lasting impact on the operations and future direction of The University of British Columbia.

During your three-year term, you may help to:

- Set academic policies
- Review and revise admission standards
- Establish new departments and schools
- And much more! Visit <http://senate.ubc.ca> for more.

All alumni and professors emeriti are eligible. Twelve positions on the Vancouver Senate and two positions on the Okanagan Senate are waiting.

Become the next alumni voice, and change the future of your school.

Don't wait—nominations are due
January 31st 2014.



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

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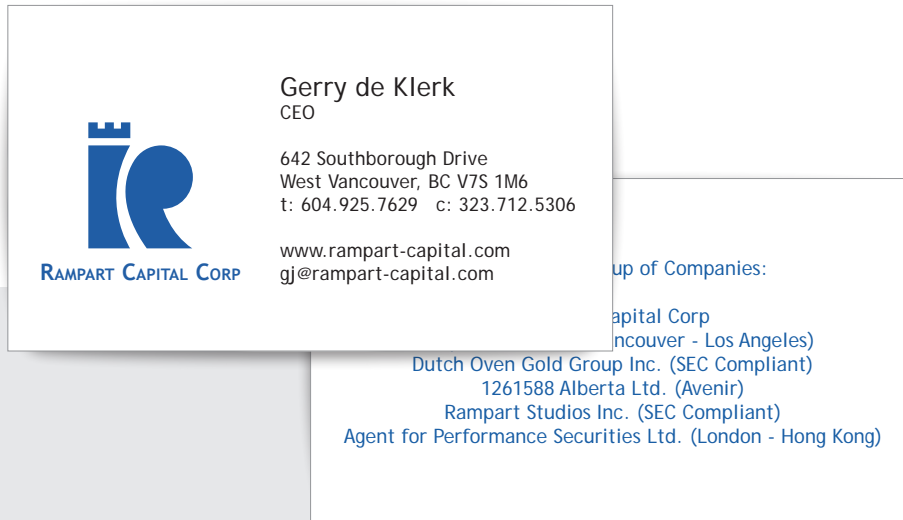
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GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Various

Objective: Business Card designs.



Client: Dale Trimble & Associates

Objective: To create a display for a medical conference in Amsterdam.

OUR STORY



Fervid Trimble, late 80's, enjoying her life and her apartment in a senior's residence she had chosen.



Fervid, age 88 years, **OVER-MEDICATED** after admission to the Care Centre (due to an unexplained spell of weakness and dizziness). Her rapid and inexplicable cognitive and physical decline caused us to suspect, and research, new drugs she'd been prescribed:

- An SSRI for depression (without family consultation)
- Anti-cholinergic drugs
- Drugs affecting serotonin, which can cause serotonin syndrome, a drug interaction.

Our family care team met with staff, with research in hand, and they agreed to our suggested partial "drug holiday". A psychiatrist diagnosed Alzheimer's and prescribed another drug—we declined after researching risk vs. benefit.



Fervid **BACK TO NORMAL** enjoying oysters, white wine and her family at her favourite restaurant after her recovery from her "Alzheimer's" and "depression" diagnosis.



Fervid enjoying a picnic in the garden of the care centre at the age of 91.

Alzheimer's & Medication



What we learned and what you can do

1. Listen carefully to your elder—watch for new symptoms that don't make sense to you.
2. Research and compare symptoms to drug side effects.
3. Keep risk vs benefit in mind, remember quality of life.
4. Have family meetings, agree on your approach and have a stalwart contact person (a Kathie) for family and staff.
5. Be respectful but persistent with medical staff and bring your research—let the coolest head in the family speak.
6. Ask staff to direct a trial to eliminate or reduce drugs.
7. Request family consent is obtained for any new drugs.
8. If new drugs are suggested, repeat #3-5.
9. Debrief, console and support each other when hopelessness or despair threaten.



Fervid was admitted to the hospital three times, twice with bleeding from anti-coagulants. She eventually contracted antibiotic-resistant c. difficile, probably in the care centre (five other residents had it) and died at the age of 92.

Fervid's family care team:
Johanna, Dale and Kathie



Fervid's words to her family

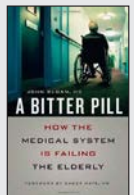
"Well, I think I'll leave all my love to the next generation. May they realize the agenda we've set out for them with love and affection. It's too precious not to live—we've enjoyed each other so much. I think it will grow (love). That's the ticket into the next world. We will always be together, our love is always there and we will be part of the great growing field of love".

Had she died in a confused and delusory state, we would never have received this gift.

Further Action: Research shows that cognitive impairment can result from overmedication. To what degree is our so-called "epidemic" of Alzheimer's and dementia overmedication? Family members, caregivers, and primary care providers—please consider overmedication first!

Johanna's Primary Research Resources:

- Therapeutics Initiative, University of British Columbia: www.ti.ubc.ca
- Public Citizen: Worst Pills, Best Pills (the best \$15 US per year you'll ever spend): www.worstpills.org
- Cochrane Library: www.thecochranelibrary.com/view/0/index.html
- Dr. John Sloan's podcasts (#76-78) on medication and the frail elderly: www.therapeuticseducation.org/the-podcast
- *A Bitter Pill: How the Medical System is Failing the Elderly*. Book by Dr. John Sloan (2009)
- Dr. John Sloan's website: www.sunshiners.ca



GREAT DANE design

Poul Rasmussen · Graphic Designer

Client: Vancouver Police Museum

Objective: Web design and brand guide. Responsive WordPress Theme and set up of various plug-ins.

VANCOUVER
POLICE MUSEUM
an arresting experience

VANCOUVER
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About the Museum

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Welcome!

The Vancouver Police Museum is North America's oldest police museum.

The Museum is located in a heritage building that was once the Coroner's Court, the City's morgue and autopsy facilities, and the City crime laboratory, it houses over 20,000 artifacts, photos, and archival documents.

Visitors of all ages can learn the history of crime and law enforcement in Vancouver on a self-guided tour, or can be immersed in a variety of police and law-related topics through one of our numerous public and

Address & Hours

Vancouver Police Museum
240 East Cordova Street
Vancouver, BC V6A 1L3

604-665-3346
info@vancouverpolicemuseum.ca

Tue. – Sat. : 9 AM – 5 PM

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Welcome!

The Vancouver Police Museum is North America's oldest police museum.

The Museum is located in a heritage building that

Client: West Vancouver Presbyterian Church

Objective: Web design and branding. WordPress theme.

West Vancouver Presbyterian Church

... time well spent!

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Worship



What is worship at West Vancouver Presbyterian Church? It is lively, peaceful, musical and thoughtful. It is children mingling with their church family. It is joy in the presence of God. And, you can experience this every Sunday at 10:30 AM, as well as on special occasions!

But, what might you expect as you walk through the doors? First, you will be greeted by some friendly faces and handed a "bulletin," which outlines the service. The bulletin tells you what to do and what is coming up next, and when to stand and when to sit. You can make your way to a pew of your choice and get yourself settled while listening to some quiet organ music that centers you for the worship experience. Prayers, music, singing, and a good sermon are all elements of our worship time together. You will find both contemporary music and classic music for both piano and the organ. You will find a welcoming smaller congregation with a family-feel to it. You can dress up or come in your jeans.



Search

Worship with Us

Every Sunday 10:30 AM

Please join us afterwards for coffee and conversation.

We look forward to seeing you!

How to Find Us

Address:
2893 Marine Drive
West Vancouver, BC
V7V 1M1

Contact Information:
604-926-1812
office@westvanpresbyterian.ca

Office Hours:
We - Th • 9 AM - 1 PM

Client: CSR Investigations Inc

Objective: Web design, following established brand. The website includes extensive client management and client login.

CSR
Investigations Inc

INSURANCE
LEGAL
CORPORATE
GOVERNMENT

SURVEILLANCE
BACKGROUND
PHOTOGRAPHY
RECORDS RETRIEVAL

EXPERIENCED
KNOWLEDGEABLE
PROFESSIONAL
OBJECTIVE

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Surveillance



We specialize in and have extensive experience in conducting covert surveillance in Metro Vancouver and throughout British Columbia. Surveillance is used primarily for Insurance Claim Verification purposes, Breach of Contract or a criminal matter pertaining to Business Theft.

Video documentation, supported by our observations and reporting can be a very effective means of obtaining a firsthand sense of factual information. Our method of conducting surveillances includes stealth to remain undetected and action to address relevant questions. Day and night we utilize state of the art equipment and properly adapted vehicles. Special importance is always placed on the quality of our video and we have a variety of discreet video cameras for indoor use and other public areas off limits to vehicles.

We work with every client to ensure that they are kept up to date with our findings. Surveillance is more than just monitoring the subject of the investigation. Our goal is to provide clear video/photographic evidence and an accurate account of our observations. Our surveillance specialists are experienced and field assignments are closely monitored to ensure our client's objectives are being met.

We assist our clients in these areas:

- Slip and Fall Injuries
- Bodily Injury Claims

